

Spokane Buddhist Temple

Volume 67, 2021 - Issue 8
This newsletter is published monthly by
the Spokane Buddhist Temple
927 S Perry Street
Spokane, WA 99202
509 534-7954



Everyone is welcome to attend all activities and services. Visit us online at:
www.spokanebuddhisttemple.org
email: spokanebuddhisttemple@gmail.com
www.facebook.com/SpokaneBuddhistTemple

August 2021



August Service Schedule - 10:30 am

- 8/1 Sangha Service - 10:30 am
- 8/1 **Introduction To Buddhism Class**
11:45 am (see below)
- 8/8 Shotsukihoyo Service
- 8/15 Sangha Service
- 8/22 **Hatsubon Service** at
Greenwood Cemetery (**See Page 3**)
- 8/29 Sangha Service

Email SpokaneBuddhistTemple@gmail.com to get on the chat & Zoom list.
Most services will also be live on Facebook, and later uploaded to YouTube.

Masks required for indoor services, due to chanting.



Introduction To Buddhism Class

Sunday - August 1st - 11:45 am

Stay After the 10:30 am Service for this class with
Minister Assistant Eric Kerkove.

Bring your questions about Buddhism.

Spokane Buddhist Temple

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Sangha Services— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. Services are at 10:30 am on Sundays at the Temple. We meet after service for refreshments and sometimes a dharma discussion.

- ◆ **GET THIS NEWSLETTER BY EMAIL**
Email: SpokaneBuddhistTemple@gmail.com
- ◆ Check out our new website at **www.SpokaneBuddhistTemple.org**
- ◆ **For the latest Temple Information visit our Facebook page:** www.facebook.com/SpokaneBuddhistTemple
- ◆ Visit the **Buddhist Churches of America** Website: www.BuddhistChurchesofAmerica.org
There is a wealth of information, podcasts, and information about Shin Buddhism on this site.



Left to right:
MAA Amanda Goodwin,
MA Chad Donoho,
Reverend Melissa Opel,
MA Eric Kerkove

Rinban Katsuya Kusunoki
our Supervising Minister



Spokane Buddhist Temple Team

--Supervising Minister--

Rev. Katsuya Kusunoki
Seattle Betsuin

---Minister Assistants---

Reverend Melissa Opel
MA Chad Donoho
MA Eric Kerkove
Sensei Paul Vielle (ret.)
Amanda Goodwin (Aspirant)

---2021 Board of Directors---

Becca Opel, President
Chad Donoho, Vice President
Shawn Boltz, Secretary
Lisa Geiss, Treasurer
KNona Liddell
Tina Rodeen
Patricia Ohashi
Curtis Cooley
Susan Hales

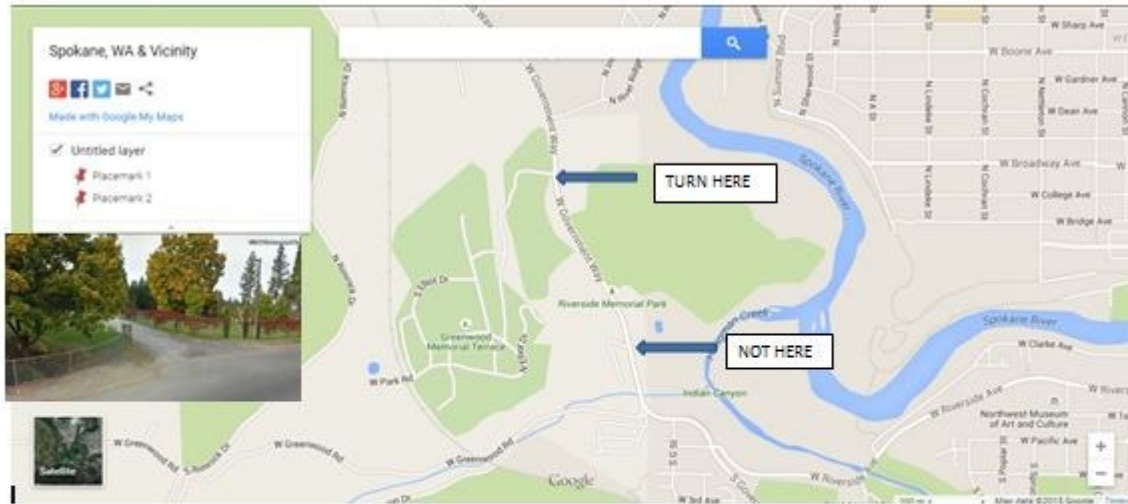
Have questions? Contact
Becca Opel
509-294-1461



Chanting At Home

Follow these links to access recordings of the following:

- Juseige https://www.buddhistchurchesofamerica.org/home/001_juseige_chanting/
- Sanbutsuge https://www.buddhistchurchesofamerica.org/home/002_sanbutsuge_chanting/
- Junirai https://www.buddhistchurchesofamerica.org/home/003_junirai_chanting/
- Ondokusan https://www.buddhistchurchesofamerica.org/home/004_ondokusan_gatha/



From Spokane, Drive west on 2nd Avenue to the Sunset Highway
 Turn right on Government Way (north)
 Turn left at the SECOND entrance to the cemetery (1.36 miles north of the Sunset Highway)
 If you drive by the Life Church on your right, you have gone too far.
 We will have someone standing at the south entrance (do not turn here) and at the north entrance (turn here).

SUNDAY AUGUST 22nd
OBON/HATSUBON CEMETERY SERVICE
(Note: No service at the Temple)

Held at the Lower Terrace @ Greenwood Memorial Terrace Cemetery
 211 N Government Way, Spokane
10:30 AM Service

Please bring a lawn chair. We will have a canopy.
Note there are no public restrooms at the cemetery.

Shin Buddhist Temples hold an annual *Hatsubon* service in July or August to remember those who have passed away in the past year.

Dues and Donations

While we were closed, many of our monthly bills continued to be due. We appreciate any donations to offset those costs. Either click on the Donation button on the website, or email a check to us. If you want 100% of your donation to go to the Temple, please send a check.

Thank you to those who have paid their dues and/or given donations
from 6-26-2021 to 7-18-21:

Loren and Carolyn Nishimura
 Jeremy Phillips
 Steven Verhoef
 Ryan Camparella
 Tyler Hanson

Judith Broverman and Marji Mitchell
 Susan Hales
 Stacey Carr
 Karen and Paul Vielle
 Joan Schilling



Anger, the Second of the Three Poisons

Last month, I discussed the first of the three poisons, greed. This month, I would like to discuss the second of the three poisons, anger.

Some people think that an enlightened being like the Buddha never gets mad, never gets angry. This is not true. Even the Buddha feels the strong emotion of anger. The difference between the Buddha, or an enlightened one, and ourselves, is that for a Buddha, their anger doesn't last long. That doesn't sound like much of a difference, but in actuality, it is a huge difference. An awakened person feels their anger rising up within themselves, but is able to let go of anger right away, just like letting go of a balloon to float up into the sky.

We unenlightened beings not only feel our anger arise, we hold on to our anger, for days, weeks, months, even years. If you really reflect upon yourself, isn't there something in your past, something that someone said to you, or did to you, that you are still angry about to this day?

Calculate how long ago it was. Ten years? Twenty years? Maybe even 30 or more years ago. If you stop to bring that memory up in your mind, you feel the anger as if it was yesterday. That's the difference between ourselves and an awakened person.

I always tell the story about my own episode of holding on to my anger. Once, many years ago, I had an argument with a member. I rarely have had such arguments, but it did occur. He said this, I said that, and it was a heated discussion.

Years later, I was taking a shower. At our home, my wife made a rule that after you take a shower, you have to use this plastic squeegee to wipe the shower stall to prevent the hard water buildup. For some reason, that argument with that member had somehow come back to me and I was reliving the entire conversation. I should have said this or that, but I didn't. As I was reliving this argument, I was squeegeeing the shower stall. I pressed the plastic squeegee so hard, it snapped in two in my hand! I thought to myself, "What is the matter with me? That was years ago. I am still holding on to my anger."

Thich Nhat Hanh, the Vietnamese Buddhist master, says that when we get angry, we are like a person who chases after the person who set our house on fire. Instead of chasing after the arsonist, shouldn't we be trying to put out the fire on our house? That is how we un-awakened deal with our anger. We chase after the person who caused our anger, rather than trying to put out the fire of our own anger.

How does a Shin Buddhist deal with their anger? Is there nothing we can do about it? I recall one story that Professor Shigaraki of Ryukoku University told about a member he had known.

This elderly gentleman was a victim of a mischievous prank by some young boys. As the elderly gentleman was walking along the edge of a rice paddy, some young boys jumped out of the bushes and pushed the man into the muddy rice paddy and ran away. Some years later, one of the boys who had grown older, confessed to the man that he had been one of the boys who pushed him and he apologized. The young man asked the elderly man the question, "I always wondered why you didn't get mad that day and that you never told our parents?"

Continued from page 4

The elderly man said, "Oh, I got mad, but then I heard the voice of the Buddha saying to me, 'They are just boys. Let it go. Let it go.'"

I think that this story illustrates how a Shin Buddhist who has come to receive the heart of the Buddha within their own heart and mind is able to feel anger, but then let it go. Coming to receive the heart of the Buddha, which we call shinjin, in our Shin Buddhist tradition, is the result of deep listening and hearing of the teachings, as well as a life of self-introspection.

It is not easy to let go of our anger, but we cannot hold on to it for decades. Who is the one to suffer from holding on to such anger? We are the ones to suffer. It eats away at us from inside, just like a poison.

Through the Nembutsu, we can receive the power to let go of the anger that we have been holding on to for maybe even many years.

Namuamidabutsu,
Rev. Marvin Harada, Bishop
Buddhist Churches of America

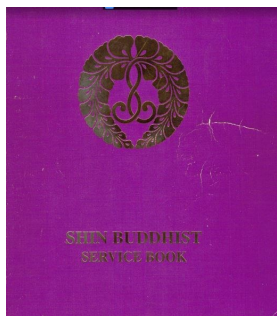
August Shotsuki-Hoyo

On August 8th, as part of our service, we will have the monthly Shotsuki-Hoyo remembrance service. According to Temple records and other sources, a total of 17 people passed away during the month of August of their respective year:



David Brady, Sr.
Yuriko Ito
Tomoyoshi "Tom" Kirihara
Yuriko Kirihara
Asao Oki
Tsuneo Otsuki
Joseph Phillip Workman
Robert Hideaki Yamagiwa
Carolyn Sakai

Tokujiro Ikeda
Bobby Gene Jordan
Yoneichi Kirihara
John Francis Munighan
Takashi Osumi
Bob Wheeler
(Mrs.) Fusayo Wakayama
Leo Yukio Kiyohiro



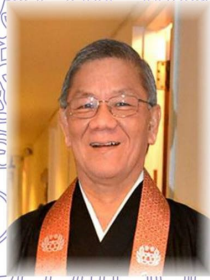
SERVICE BOOK TO DOWNLOAD (new link):

<http://spokanebuddhisttemple.org/recommended-reading/shin-buddhist-service-book/>

During service, we will tell you the page we are on.

74th Annual Northwest District (Virtual) Convention

The
A
R
T
Of Buddhist Living



Keynote Speaker

Reverend Peter Hata

Higashi Honganji Los Angeles Betsuin
Founding Member Of The
Legendary Jazz Fusion Group
Hiroshima

**No
Registration
Fee!**

SEPTEMBER 12 - 19, 2021

Featured Presenters:

Kim Stafford (State of Oregon Poet Laureate, emeritus)
Nobuko Miyamoto (Songwriter, Dance & Theater Artist, Cultural Activist)
Brian Koichi Mizushima (BCA Youth Coordinator)
Rev. Ko'e Umezu (Asst. Minister WLBT, Illustrator/Storyboard Artist)
Rev. Yuki Sugahara (Resident Minister OBT, Musician)

Registration and Other Details to Follow

www.oregonbuddhisttemple.com/nw-district-convention2021
contact us: convention@oregonbuddhisttemple.com

BCA VIRTUAL

ART EXHIBIT SUBMISSION FORM

For BCA Artists of All Ages

BCA is hosting an online virtual art exhibit. This is a wonderful chance to share your art with our BCA community. Please click the link below to submit digital photos of your art. Submissions are due by 8/15/21 and will require approval by the committee. Questions: bkmizushima@bcahq.org

REGISTER HERE:

<https://tinyurl.com/4urhwz4x>

SEPTEMBER 19 - 26, 2021

www.buddhistchurchesofamerica.org

FREE & OPEN TO THE PUBLIC ~ REGISTER FOR ZOOM LINK



2021 CBE Seminars Online For All SUMMER: JUNE ~ AUGUST

All events listed in Pacific Time - Check your local time

<p>SATURDAY JUNE 19 *11 am - 1 pm REGISTER ONLINE</p>	<p>EMBRACED AND NEVER ABANDONED: JODO SHINSHU AND LGBTQ+ Rev. Ko'e A. Umezu West Los Angeles Buddhist Temple</p>	  <p>Rev. Umezu</p>
<p>SATURDAY JUNE 26 *11 AM - 1 PM REGISTER ONLINE</p>	<p>KINNARA: THE ROOTS OF TAIKO IN THE US Discussion with Rev. Masao Kodani, BCA Minister Emeritus, and Johnny Mori & other members of Kinnara Taiko Moderator: Rev. Jerry Hirano, CBE Director</p>	  <p>Rev. Kodani Johnny Mori</p>
<p>SATURDAY JULY 3 *11 AM - 1 PM REGISTER ONLINE</p>	<p>SHINSHU AND CHRISTIANITY Rev. David Quirke-Thornton Shin Buddhist Fellowship, United Kingdom</p>	  <p>Rev. Quirke-Thornton</p>
<p>SATURDAY JULY 24 *11 AM - 1 PM REGISTER ONLINE</p>	<p>CREATING INCLUSIVE SANGHAS: WORKING COMPASSIONATELY WITH OUR THOUGHTS & ASSUMPTIONS Mushim Patricia Ikeda East Bay Meditation Center Rev. Harry Bridge Buddhist Church of Oakland</p>	  <p>Mushim Ikeda Rev. Bridge</p>
<p>SATURDAY AUGUST 7 *11 AM - 1 PM REGISTER ONLINE</p>	<p>THE ESSENCE OF THE THREE PURE LAND SUTRAS & HOW WE CHANT THEM Rev. Kiyonobu Kuwahara Berkeley Buddhist Temple Rinban Katsuya Kusunoki Seattle Betsuin Buddhist Temple</p>	  <p>Rev. Kuwahara Rev. Kusunoki</p>
<p>SATURDAY AUGUST 21 *11 AM - 1 PM REGISTER ONLINE</p>	<p>RENNYO'S CONTRIBUTION TO HONGWANJI THOUGHT Rev. Dr. Mutsumi Wondra Orange County Buddhist Church</p>	  <p>Rennyō Shōnin Rev. Wondra</p>

[3-25]

VISIT [BCA WEBSITE](#) FOR FLYER, FREE ONLINE REGISTRATION & DONATION LINK
BUDDHISTCHURCHESOFAMERICA.ORG EMAIL: CBE@BCAHQ.ORG TEL: 510.809.1460

2021 Pledge Form



Dear Members and Friends:

When you find yourself taking refuge in the Three Treasures (Buddha, Dharma, and Sangha) and feel like this is a place where you would like to grow, then perhaps you'll consider membership to the Spokane Buddhist Temple.

The concept of Dana (selfless giving) is not only a Buddhist teaching but a manner of how we exist and do business. Dana comes in many forms; not only monetary, but also your time and talents. Membership empowers individuals who rely on the nembutsu to remember their responsibility to help sustain the Dharma in Spokane and surrounding area.

By joining or renewing your membership, you honor the legacy of the families and individuals who founded this Temple in 1945 and will help maintain the foundation for the future. Your membership is critical for keeping the Dharma alive in Spokane for the benefit of current and future generations.

In Gassho,
Spokane Buddhist Temple Trustees

Membership pledges are made/renewed on a yearly basis every November and can be paid in numerous ways and increments. Pledges can be paid by check, credit card, or an e-check from your financial institution. You can pay annually, semiannually, quarterly, or monthly.

Individuals who make pledges of \$240 or more are sustaining members of the Temple. Those contributing at lower levels are non-voting associate members of the Temple. Although \$240 is the minimum pledging amount for sustaining membership, additional pledges are greatly appreciated. It costs about \$50,000 annually to run the Temple, including: operating expenses, building upkeep, visiting minister costs, our minister's education, and dues to the Buddhist Churches of America (BCA) and the NW District. Membership pledges make up about 25% of our revenue, and we depend on them to be able to keep the Dharma alive in our community.

Printed Name (s) _____ Signature (s) _____

Address _____

Phone numbers _____

Emails _____

Payment method (please check) check e-check cash credit card

Payment frequency (please check) annually semi-annually quarterly monthly

Pledge amount for current year \$ _____

* Please consult your tax advisor for specific questions related to charitable donations.

* If over the age of 70 ½ please consult your financial planner for using your required minimum distribution for charitable donations.

*Members of the Spokane Buddhist Temple are always welcome to request our financial records. Please contact the treasurer if you would like information on the Temple's budget and financial holdings.

Spokane Buddhist Temple, 927 S. Perry, Spokane, WA 99202
Email: SpokaneBuddhistTemple@gmail.com