

# A Life of Gratitude.

感謝の生活



MARCH 2025

Spokane Buddhist Temple  
A Jodo Shinshu Buddhist Temple,

All Are Welcome, Just As You Are.



## GET TO KNOW OUR MINISTERS

### Meet: Amanda Goodwin

#### Outside of Temple:

A single mother of two amazing boys, Roman (13) and Stephan (5). She says, "My kiddos and our three animals bring incredible joy to my life, there is: Mocha (dog), Bluey (dog) and Woody (cat)! I spend my work week as a Team Lead for Premera Blue Cross. I have a team of 30 associates all around the U.S. and in India who process claims for big wigs like Amazon and Microsoft."

#### First Dharma Teacher:

Shout out to Reverend Paul Vielle, who is with Amanda in the photo.

Amanda shares, "I am forever grateful for the knowledge he shared to set me up for success and understanding."

#### Hobbies:

"I love to do anything self-care or creative! A long shower, massage or face moisturizer makes me happy! Along with painting, making to-do lists and reading."

#### Typical Day in the Life:

"I'm currently in school with the aspiration to become a Jodo Shinshu Reverend and receive Tokudo ordination in Japan. We wake up and all the animals want their love and attention, then we are off to school and work. After school/work, I will try to get studying in and dinner cooked before 5PM so that the boys and I can chill and enjoy time together; building legos or doodling."

#### Favorite Shinran Quote:

"The light of compassion that grasps us illumines and protects us always;  
The darkness of our ignorance is already broken through;  
Still the clouds and mists of greed and desire,  
anger and hatred,  
Cover as always the sky of true and real shinjin.  
But though the light of the sun is veiled by clouds and mists,  
Beneath the clouds and mists there is light, not darkness."  
*(Collected Works of Shinran)*

## Sundays at 10:30AM

Please join us for  
**Dharma Service**  
and open Discussion.

- 3/2 10:30 - Dharma Service
- 3/9 9:30 - Mindfulness Meditation  
with Karen Vielle
- 10:00 - Dharma Service  
Shotsuki-hoyo
- 11:45 - Board Meeting
- 3/16 10:30 - Dharma Service
- 3/23 10:30 - Dharma Service  
with Rev. Fujimoto

*\*Dharma Service is followed by refreshments, open discussion, and Q&A.*



## Shotsuki-hoyo (祥月法要)

### Monthly Remembrance Service

(Sunday, March 9th)

The following people will be remembered during Shotsuki-hoyo

- |                      |                      |
|----------------------|----------------------|
| Eileen Kiyoko Tanaka | Yoshito Norisada     |
| Jeffrey Lee Pierce   | Marguerite Peterson  |
| Marceline Burdett    | Joe Takeshita        |
| Fumi Hara            | Kuhei Tsuchida       |
| Iku Horiuchi         | Toshiko Uyeno        |
| Gracye Hattori       | Kana Yamamoto        |
| Shoichi Kayahara     | Robert Hajime Ohashi |
| Kengo Hato           | Bruce Jerial Waters  |
| Mrs. Asano Kirihara  | George Heyamoto      |
| Mrs. Tayeko Kayahara | David Roy Soejima    |
| Charlie Nakanishi    | Ronnie Kozo Soejima  |
| Mrs. Kiuyo Osumi     |                      |

We come together to honor our loved ones and express gratitude for their lives and the affect they had on the world.

# CLASS & EVENT SCHEDULE

## TO SCAN QR CODES BELOW:

\*Point the camera on your phone at the QR code, then tap on the URL that pops up on screen.

**For help, please ask JW.**

### Making Sandwiches for the Unhoused

Every Tuesday at 9:30AM (In-Person / Lower Level)



### Mindfulness in Shin Buddhism (Zoom)

Every Wednesday at 7PM

(Meditation/Dharma Talk/Open Discussion)

**\*Scan QR Code to JOIN the Zoom at 7PM.**

Zoom hosted by Seattle Betsuin Buddhist Temple

### Introduction to Meditation (Zoom)

Mar 15th at 10AM (Every other Saturday)

**\*Scan QR Code to JOIN the Zoom at 10:00AM.**

Zoom hosted by White River Buddhist Temple



### DHARMA DIALOGUE with Rev. Kusunoki

Mar 11th 7:00PM (2nd Tue of each month)

Scan QR Code  
to **REGISTER** for Class.



Zoom hosted by Seattle Betsuin Buddhist Temple

### JODO SHINSHU 101 - Rev. Koyama (Zoom)

Mar 12th at 6PM (2nd Wed of each month)



Scan QR Code  
to **REGISTER** for Class.



Zoom hosted by Tacoma Buddhist Temple



### DHARMA WORKSHOP with Rev. Fujimoto

Mar 22nd 7:00PM (In-Person)

Spokane Buddhist Temple

**Registration  
to be announced**

Hosted by Spokane Buddhist Temple

# Thank you for your February donations.

Paul & Karen Vielle

*In memory of Evelyn Beeler Vielle*

*In memory of Alpha Mae Clark*

Ann Dompier

Bettina Primmer

Randall Primmer

Kris Birdsell

Loren & Caroline Nishimura

Jun Yugawa

Stacey Carr &

Alexandra Calzadillas

Izumi Pierce

Tyler Hanson

James McElroy

**Thank you also to those who leave anonymous donations in the donation box or during Oshoko.**

## All Are Welcome, Just As You Are.

The Spokane Buddhist Temple welcomes everyone who wishes to learn more about the wisdom and the compassion of Amida Buddha without regard to their race, sex, age, religion, nationality, orientation, gender identity or expression. As as we walk the path of gratitude, together, we celebrate the teachings of Amida Buddha, embracing the light of compassion and wisdom in our everyday lives.

## Dues and Donations

Your dues and donations help us keep the doors open and continue to spread the Dharma. Thank you for supporting the Spokane Buddhist Temple.

## Spokane Buddhist Temple Team



### Supervising Minister

Rev. Cynthia Jikaku Yasaki

### Minister's Assistants

Chad Donoho

Eric Kerkove

Amanda Goodwin

JW Webb

(Minister's Assistant aspirant)

Rev. Paul Vielle

(retired)

### Board of Directors

Celeste Sterrett

Ally Rice

Joe Bracco, President

JW Webb, Vice President

Rae Gregory

Lisa Geiss

Tina Rodeen

Susan Hales, Secretary

Steven Langton, Treasurer

(We are an all volunteer Sangha)

## Visit us at:

SpokaneBuddhistTemple.org

Facebook.com/SpokaneBuddhistTemple



**Spokane Buddhist Temple**

(509) 534-7954

927 S Perry Street, Spokane, WA 99202

**Serving the Spokane community Since 1945**

# The Power of Compassion: "Rediscovering Your True Value"

**Saturday, March 8th 11-5PM**

Spokane Buddhist Temple  
927 S Perry St, Spokane, WA 99202

Rediscover your true, compassionate nature and learn how to cultivate a life of wisdom and kindness at this inspiring event hosted by the Hawaii Betsuin Buddhist Temple. Through engaging stories, practical exercises, and timeless Buddhist teachings, you'll gain tools to align your values, deepen your self-awareness, and positively influence those around you. Join us in embracing the path of compassion, where personal growth leads to a more meaningful and connected life!

Scan to RSVP



*Join us for an engaging workshop with D. Trinidad Hunt, international trainer, author, public speaker, and contributor to three of the "Chicken Soup for the Soul" books.*

*\*She is also the granddaughter of Rev. Dorothy Hunt, who wrote "The Golden Chain of Love" in our Service Book.*

***We will meet at the Spokane Buddhist Temple to watch the event LIVE and participate in the Workshop together as a sangha.***

**Every human being is a leader in their own little circle.**

- Clarify purpose - what do you want to achieve in your lifetime
- Review & refresh your most important values
- Develop more meaningful interactions with others
- Deepen your experience of the Golden Chain
- Discover the Four Pillars that support the Golden Chain
- Realize the power of influence and inspiration in your own life

***Special THANKS to Debbie Kubota at the Hawaii Betsuin for making it possible for us to participate in their event!***



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