

"RAMEN FEST"

Spokane Buddhist Temple
Sunday - October 22nd - 11am - 2pm

***** Take Out Only *****



927 S. Perry Street, Spokane

FEATURING TRADITIONAL JAPANESE
RECIPE RAMEN - \$15 - *Chicken or Tofu*
Butter Mochi & Other Desserts - \$7
Inari Sushi - \$7

35th Annual Spring Food Festival

***** Cash Preferred *** Cards Accepted *****

Temple Open House 11 am—2 pm

VOLUNTEERS STILL NEEDED
FOR RAMEN FEST ON 10/22



Email: SpokaneBuddhistTemple@gmail.com

Spokane Buddhist Temple

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This newsletter is published monthly by the Spokane Buddhist Temple
927 S Perry Street
Spokane, WA 99202
509 534-7954



Everyone is welcome to attend all activities and services. Visit us online at:
www.spokanebuddhisttemple.org
email: spokanebuddhisttemple@gmail.com
www.facebook.com/SpokaneBuddhistTemple

October 2023

October Service Schedule

10/1	10:30 am	Sangha Service
10/8	10:30 am	Shotsukihoyo Sangha Service with Rinban Kusunoki
10/15	10:30 am	Sangha Service
10/22	10:30 am	RAMENFEST (No service)
10/29	10:30 am	Sangha Service
	10:30 am	Dharma School for Ages 4-11
	11:15 am	Halloween Party for kids & adults



We are donating a Japanese-themed basket to
Thrive International
for their fundraiser
Please donate Japanese items for the basket by 10/8.

Some suggestions would be Japanese snacks from an Asian grocery, Sake, ceramic sake set with cups, teas, Hello Kitty figurines, and more! Bring items to the Temple and give them to Mary Naber, Martena Peterson or Susan Hales

Join the Dharma School Kids and Lena for a
Halloween Party with Bingo
After service on October 29th for Kids of all Ages

Gift bags for kids - Prizes for best Adult and Best Child
Costumes - Halloween Treats - \$2/Bingo card

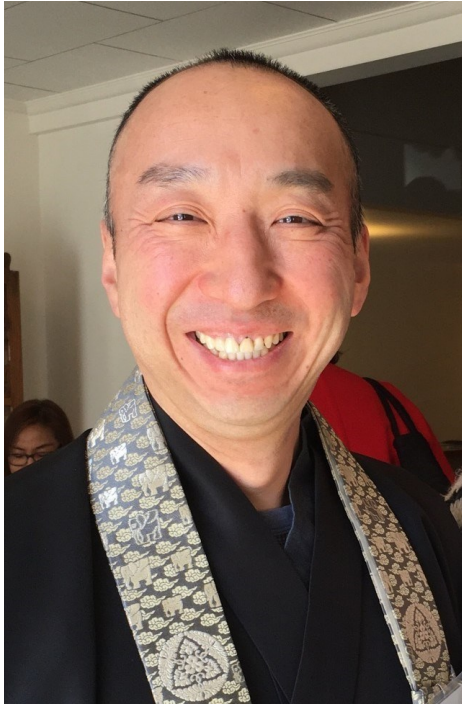




BOOK STUDY GROUP

Join Minister Assistant Eric Kerkove
Wed. Oct 11th at 5 pm (Note: New Time)
Downstairs at the Temple - New or Not New To Buddhism? - All Are Welcome

We will be reading from either: Crossing Over To Jodo Shinshu: Discovering the Buddhist Path or Everyday Suchness: Buddhist Essays on Everyday Living by Gyomay M Kubose. Both have short essays that we will read together; there is no preparation required.



October 8th
Shotsuki Hoyo Sangha Service
With Rinban Katsuya Kusunoki
Our supervising minister from the Seattle Betsuin

Service followed by Discussion downstairs
with Rev. Kusunoki

Reverend Katsuya Kusunoki is the Head Minister of the Seattle Betsuin Buddhist Temple. Sensei was born in Nagasaki, Japan, the second son of a temple family.

Sensei's advanced training includes the Hongwanji-ha Rituals course for leaders (Gonshiki). He is a Hongwanji-ha certified Special Rituals Minister, a certificate only he and our former minister Rev. Sala Sekiya hold within the Buddhist Churches of America.

October Shotsuki-Hoyo



On October 8th, as part of our service, we will have the monthly Shotsuki-Hoyo remembrance service. According to Temple records and other sources, a total of 20 people passed away during the month of October of their respective year:

If you wish to have someone added to the Shotsukihoyo list, see one of our Minister Assistants.

Arthur "Len" Braden
Hichiro Ishikawa
(Mrs.) Hisako Kato
Tokio Konishi
Kotaro "Van" Omine
John Norisada
Jim Shimizu
Takeo Uyeji
Fred Yamamoto
Jackie Boltz

(Mrs.) Masako Imada
Yohei Kato
Yoshinobu Kimura
Teresa Lira
Seichi Nakamura
Rei Shigenobu
Kame Uyeji
Andrew Vielle
Edith Craig
Kenneth Winterroth

SEE THE BCA'S EVENT PAGE for info and links to the many workshops & learning opportunities: <https://www.buddhistchurchesofamerica.org/buddhist-education>

Dues and Donations

We are grateful for your donations and dues, which offset our expenses. You are helping us keep the doors open at the Spokane Buddhist Temple and continue to spread the Dharma.

Dues & Donations received in 8/1/23—9/17/23:

Kris Birdsell	Mary Naber
Wednesday Meditation Group	Tuesday Meditation Group
Stacy Carr	Eric Inaba
Paul & Karen Vielle	Izumi Pierce
Loren & Carolyn Nishimura	Chris Nerison
Lena & Curtis Cooley	Narong & Ura Norasakkunkit
Edith Cabbage	Sadina Henderson
Ryan Campanella	Jackie & Ken Endersbe
Becca & Melissa Opel	Keiko Von Holt
Richard Terao	Ami Summerfield
Amanda Goodwin	Harumi Norasakkunkit
Lenni Terao-Doerr	Kenji & Karen Akahoshi

Paul & Karen Vielle in honor of Hazel Sanders

We are also grateful for the cash donations left on Sunday and bookstore purchases.



SANGHA SURVEY

We're looking for your ideas, so please let us know:

How can the Temple better support your Buddhist practice? Are there changes you'd like to see? New types of events or activities? Or??

Please return your answer to the Temple on Sunday or mail it to
Spokane Buddhist Temple, 927 S. Perry, Spokane, WA 99202



Less Me, More We By Reverend Marvin Harada, Bishop

I recently returned from a week in Japan to receive confirmation from our Gomonshu of our Hongwanji for becoming Bishop. This ceremony was postponed for three years because of the pandemic. But since the Hawaii Kyodan recently elected a new Bishop, Rev. Toshiyuki Umitani, we were both invited to receive our confirmation together.

The ceremony was very meaningful and there were lots of dinners and meetings with various Hongwanji and Ryukoku University dignitaries during our stay. We met with Dr. Takashi Irisawa, the president of Ryukoku University, and were given a tour of some of their facilities.

I was very impressed with some of the signage on campus. I am not sure if it is the theme for the university, but throughout the campus, there were various short phrases, one of which was, “Less me, more we.” I thought this was a beautiful, very Buddhist phrase. So simple, but so well put. “Less me, more we.”

Our modern-day life is perhaps the opposite. It is a life of “More me, less we.” Self-enhancement, self-promotion, self-gratification. If you go to a bookstore, the “self-help books abound.” Self, self, self. More me, less we. Yet this slogan or phrase at Ryukoku University said, “Less me, more we.” The unawakened, unenlightened self thinks that the way to happiness is to get what you want, to get everything your way. But Buddhism teaches us that this is a delusion, a wrong view of life. First of all, Buddhism teaches us that we will never achieve ultimate happiness this way because the ego self is never satisfied, never gratified completely. We will always seek more, no matter what it is, whether it is money, cars, homes, positions, or status. That is why the path of “More me, less we,” is destined to fail. It is destined to a life of unhappiness, even suffering and anguish.

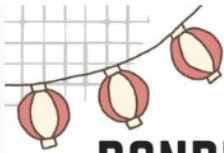
However, the opposite, “Less me, more we,” leads to a life of fulfillment, an inner, lasting sense of happiness, and even a sense of gratitude. A grateful person doesn’t need more of this or more of that. A grateful person not only feels gratitude for what they have, but feels undeserving of it as well. For such a person, even life itself is a gift.

The “more we” doesn’t just mean people. A sense of “more we” means all of life that surrounds us. It encompasses the plants and animals, the earth and the air, the planets and the stars.

Rev. Gyomay Kubose once wrote a short haiku poem about a simple flower that he noticed growing along the side of the road while walking. Only a person of “less me, more we” would notice such things. A person of “more me, less we” always feels, “Why is there so much traffic? What’s the matter with these crazy drivers these days?” They would rarely notice the wild flowers growing along the road, or the beauty of the stars at night.

Doesn’t the world today need more of such a teaching, “Less me, more we?” What happens when a whole nation lives with a sense of the opposite, “More me, less we?” Doesn’t it lead to wars and conflicts, strife and suffering, for all people? We don’t realize that a life of “More me, less we,” leads to not only the suffering of others, but to ourselves. This is why Buddhism calls it “delusion,” or “ignorance.”

I had a wonderful trip to Japan, despite the heat and humidity. But this simple slogan was one precious thing that I brought back from Japan, more than the Japanese delicacies and sweets that I purchased. It is a wonderful Buddhist teaching that is easy to remember and to think about in our daily life. I hope that it leads to a life of “less me, more we,” in myself.



BONBU STORIES LANTERN SONG DEBUT *Webinar*



Join us to celebrate the debut of a new Bon Odori Song and Dance in celebration of the 125th Anniversary of BCA

**OCT. 7, 2023
11:00 AM PACIFIC**

REGISTER



<https://tinyurl.com/bonbustories125th>



TAIKOVENTURES

SEE THE BCA'S EVENT PAGE for info and links to the many workshops & learning opportunities:
<https://www.buddhistchurchesofamerica.org/buddhist-education>

LGBTQ+ Awareness and Acceptance



Join us for a screening of
"A Profound Silence" a film produced by Gardena Buddhist Church Ichi-Mi,
followed by stories and conversations with our LGBTQ+ sangha friends to foster more inclusivity in our temples

October 14, 2023

1pm – 5pm

San Jose Buddhist Church Betsuin

640 North 5th Street

San Jose, CA 95112

(Event is in the Annex)

Reserve your place now
On Eventbrite
\$10 per person
Use this QR Code



LTD (Living The Dharma)

GIVING BACK TO THE COMMUNITY

Join our panel as they share their unique stories on how they give back to the community.

Click on the registration link for more info on the panelists.

 October 28, 2023
At 11:00 am (PT)

REGISTER NOW
<https://tinyurl.com/BCALTD>


ARTURO
Rubio


WES
Mukoyama


JULIE
Watson


GREGORY
Bull

Do you know about the Center for Buddhist Education (CBE)?
See <https://www.buddhistchurchesofamerica.org/cbe>

The Center for Buddhist Education (CBE) was established in 2005 by the Buddhist Churches of America (BCA). CBE's mission is to promote and foster the Buddhist Churches of America's educational and ministerial training mission and goals through the application of the Jodo Shinshu Hongwanji-ha teachings. It is an educational arm of the BCA. Working under the guidance of the CBE Governing Board, BCA Office of the Bishop and in collaboration with BCA Districts and temples, CBE works to support, strengthen, and expand a vibrant ministry, minister's assistant program, leadership training for a diverse, multi-generational Sangha, and educational outreach to the general public.

Do you know you can WATCH SERVICES ON-LINE from most of the BCA Temples:
See <https://www.buddhistchurchesofamerica.org/watch-services-online>