

# Spokane Buddhist Temple

**Volume 65, 2019 - Issue 9**  
 This newsletter is published monthly by  
 the Spokane Buddhist Temple  
 927 S Perry Street  
 Spokane, WA 99202

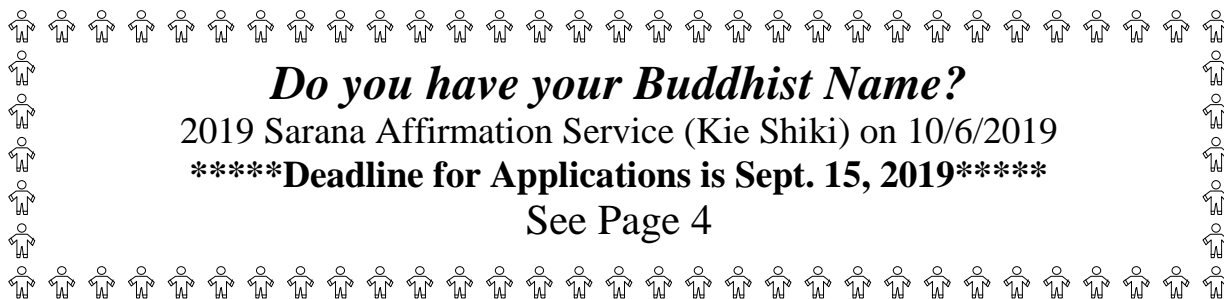


Everyone is welcome to attend all  
 activities and services. Visit us online at:  
[www.spokanebuddhisttemple.org](http://www.spokanebuddhisttemple.org)  
 email: [spokanebuddhisttemple@gmail.com](mailto:spokanebuddhisttemple@gmail.com)  
[www.Facebook.com/SpokaneBuddhistTemple](https://www.facebook.com/SpokaneBuddhistTemple)

## Calendar of Events

September 2019

- Sept 1st Sun      10:30 am Sangha Service & Dharma School  
                          12:00 pm Religious Education Committee Meeting
- Sept 6th Fri      11 am - 3 pm Bon Odori Dancers at the  
                          Japan Cultural Day at the Interstate Fair (See Page 5)
- Sept 7th Sat      1:30 - 4:00 pm **Reverend Tanaka Workshop** (See Page 3)  
                          "Shin Buddhism in Everyday Life for Contemporary America"
- Sept 8th Sun      10:30 am **Ohigan Service** with Rev. Tanaka & Dharma School  
                          \*\*\*Potluck after Service\*\*\* (See Page 3)
- Sept 15th Sun    9:00 am Shoshinge Chanting Practice  
                          10:30 am Shotsuki Hoyo Service & Dharma School  
                          with special guests from Lutheran Services
- Sept 19th Thur    6:00 pm Buddha & Beers at Bellwether Brewery (see Page 2)
- Sept 20th Fri      5:30 pm we give a dinner to Odyssey Youth Center (See Page 6)
- Sept 22nd Sun    10:30 am Sangha Service & Dharma School  
                          12:00 pm Dharma Exchange on "Our Pledge"
- Sept 29th Sun    10:30 am Sangha Service & Dharma School


  
***Do you have your Buddhist Name?***  
 2019 Sarana Affirmation Service (Kie Shiki) on 10/6/2019  
**\*\*\*\*\*Deadline for Applications is Sept. 15, 2019\*\*\*\*\***  
 See Page 4



**Welcome Back Reverend Kenneth Tanaka**  
 9/7/19    1:30-4:00 pm Workshop  
 9/8/19    10:30 am Ohigan Service

\*\*\*See Page 3\*\*\*

# Spokane Buddhist Temple

SEPTEMBER 2019 VOLUME 65 ISSUE 9



**Sangha Services**— Our Sangha Service (Sangha is the Sanskrit word for Buddhist community) is a traditional Jodo Shinshu service with chanting led by a Doshi. Services are at 10:30 am on Sundays at the Temple. We meet after service for refreshments and sometimes a dharma discussion.

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- ◆ **GET THIS NEWSLETTER BY EMAIL**  
We no longer mail out the newsletter. IT IS EMAILED IN COLOR. Email: SpokaneBuddhistTemple@gmail.com
- ◆ **For the latest Temple Information VISIT OUR FACEBOOK PAGE:**  
www.facebook.com/SpokaneBuddhistTemple
- ◆ Visit the **Buddhist Churches of America** Website: www.BuddhistChurchesofAmerica.org  
There is a wealth of information, podcasts, and information about Shin Buddhism on this site.

Spokane Buddhist Temple Team  
-Supervising Minister-  
Rev. Katsuya Kusunoki  
Seattle Betsuin



---Minister Assistants---  
Sensei Paul Vielle (ret.)  
Sensei Melissa Opel  
MA Chad Donoho  
MA Eric Kerkove

---2019 Board of Directors---  
President - Celeste Sterrett  
Vice President - Becca Opel  
Secretary - Shawn Boltz  
Treasurer - Lisa Geiss  
Chad Donoho  
KNona Liddell  
Tina Rodeen  
Patricia Ohashi  
Curtis Cooley

Have questions? Contact Board  
President Celeste Sterrett  
at 509-599-8378  
dcsterrett@yahoo.com



***Buddha & Beers***  
Bellwether Brewing  
2019 N Monroe, Spokane  
Thur - Sept. 19th - 6 pm

Join Sensei Melissa Opel  
for a low key conversation  
on various topics about Buddhism.  
(They also have sodas and wine)

## DHARMA SCHOOL

will be available **Every Sunday!**

***Thank you Aiko, Jacqui, Marji & Nanami  
& welcome back Harumi!!!***



Saturday - 9/7/19 - 1:30 - 4:00 pm  
At the Spokane Buddhist Temple  
Workshop with Rev. Kenneth Tanaka  
"Shin Buddhism in Everyday Life for Contemporary  
America"

Suggested Donation: \$20



We welcome Reverend Tanaka back to Spokane. Dr. Tanaka is a Professor Emeritus at Musashino University, Tokyo and is "*A truly rare bicultural specialist & prolific writer on Buddhism*". He was the Associate Professor and Assistant Dean at the Institute of Buddhist Studies (IBS) for 10 years and splits his time between California and Japan. He wrote the book "*Ocean: An Introduction to Jodo-Shinshu Buddhism in America*", a book we often provide to those new to Buddhism.

**Schedule:**

1:30 - 2:30 pm Introducing the Essence of Shin Buddhism based on the Pure Land Meditation Sutra

2:30 - 2:45 pm Break

2:45 - 3:45 pm Introducing a Daily Practice of Shin Buddhism, including Nembutsu meditation

3:45 - 4:00 pm Q & A

**Ohigan (Fall Equinox) Service 9/8/19 - 10:30 am**

Ohigan services are held during the Spring and Fall equinoxes, when the days and nights are of equal length, and it is neither too hot nor too cold. It is a time when we are encouraged to strive even more energetically along the Buddhist path and strive to become enlightened.

It is one of the few religious holidays which has no direct link to Shakyamuni Buddha' rather it is distinctly a Japanese holiday. The word "Ohigan" comes from the Sanskrit word "Paramita", which means the "Other Shore." It is an abbreviation of "To-higan" with "To" meaning "to arrive." Therefore, to-higan means to arrive at the Other Shore. The Other Shore is Enlightenment or Nirvana. In contrast to the Other Shore is this shore or "shigan" in Japanese. Shigan denotes samasara or this world of birth-and-death crossing over the sea of worldly passions arising from illusion.

Thus, Ohigan is a time for us to express our gratitude to Amida Buddha for giving us the Six Paramitas and awakening us to the boundless Compassion and Wisdom.

“The day of Ohigan, What a Fine Time to Plant Seeds of Enlightenment“





# **JAPAN CULTURAL DAY**

## **SEPTEMBER 6, 2019**

### **11:00 - 3:00**

**at**

**Spokane Interstate Fair**  
**404 North Havana**  
**Main Exhibition – Bay 4**  
**Spokane Valley, WA**

Friday, Sept. 6th  
Food Drive Friday  
Bring at least 2 cans of  
food & receive FREE  
Admission *only between*  
*10 am & Noon*



### **AUDIENCE PARTICIPATION PERFORMANCES**

11:15 – 11:45 Japanese dancers  
1:15 – 2:15 Taiko drummers

OUR  
BON ODORI  
DANCERS 11:15 am

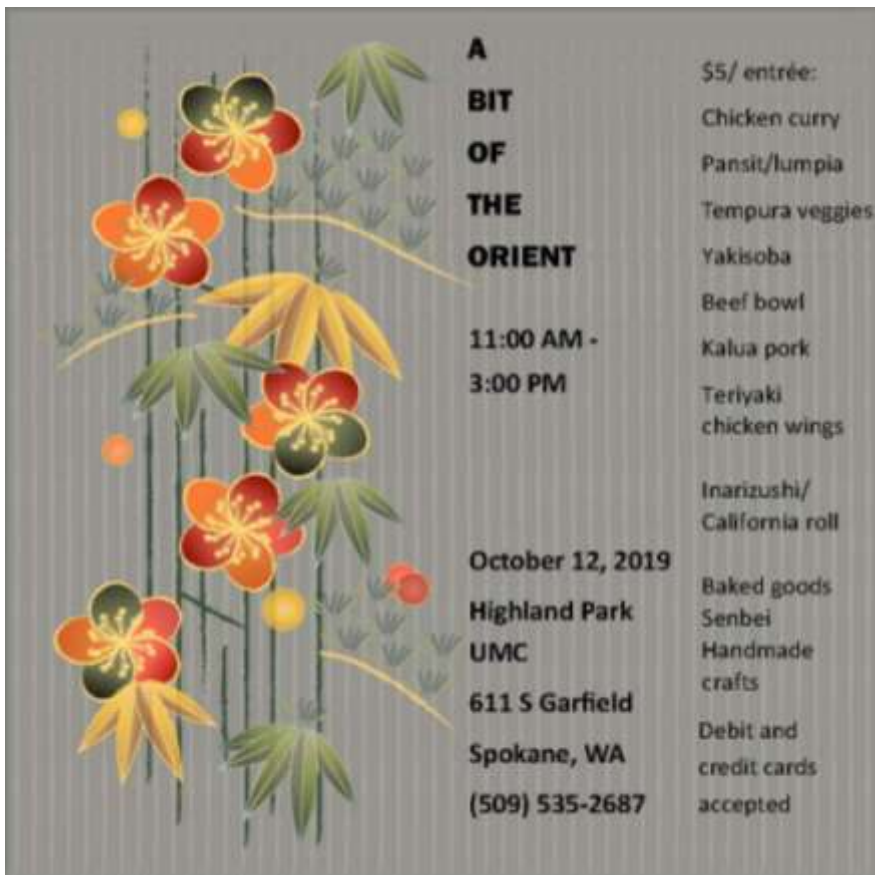


### **JAPANESE DISPLAYS**

Ikebana – Japanese flower arranging  
Sumi e – ink brush painting  
Calligraphy handouts  
Handmade Japanese dolls  
Origami crane collage artwork  
Nuido – Japanese embroidery  
Origami demo and handouts  
Mizuhiki knot tying  
1000 crane display  
Display of kimono, yukata, happi coat  
Tea ceremony setting  
Koto and shamisen demo



**Spokane Buddhist Temple**  
 927 S. Perry Street  
 Spokane, WA 99202-3462



**A  
BIT  
OF  
THE  
ORIENT**

11:00 AM -  
3:00 PM

October 12, 2019  
 Highland Park  
 UMC  
 611 S Garfield  
 Spokane, WA  
 (509) 535-2687

\$5/ entrée:  
 Chicken curry  
 Pansit/lumpia  
 Tempura veggies  
 Yakisoba  
 Beef bowl  
 Kalua pork  
 Teriyaki  
 chicken wings  
 Inarizushi/  
 California roll  
 Baked goods  
 Senbei  
 Handmade  
 crafts  
 Debit and  
 credit cards  
 accepted

**Other Groups Renting Space at the Spokane Buddhist Temple**

**Passage Meditation Group**

More information: call Mary Naber: 509-570-6876. Also, "Learn to Meditate" on the web: <http://www.easwaran.org/introductory-passage-meditation-course-introduction.html>

**Keiko Von Holt & Sumi-E** Keiko teaches the Japanese watercolor art of Sumi-E at our temple. Please contact her if you are interested in her classes. Email: [keikossumie@aol.com](mailto:keikossumie@aol.com).

**We have "adopted" the Odyssey Youth Center  
 once a month, by providing a nutritious and fun dinner to the teens & young adults at the  
 Odyssey Youth Center (in our neighborhood)  
 This month it is on Friday - Sept. 20th**

**Meet by 5:30 PM (NEW TIME) at the Temple** with a main dish, dessert, salad, etc. in a disposable container. Make a card showing the main ingredients (allergens, meat, dairy, etc.) We will walk the food up to the center. *We really appreciate the cooks, but monetary donations are accepted as well, towards food purchases.*

Odyssey Youth Center is a youth-led, adult-supported organization committed to creating, sustaining, and advocating for safe and affirming programs, policies, and services for the lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) youth community.

Contact Susan or Kathy to participate:  
[naturalke@gmail.com](mailto:naturalke@gmail.com) or [susanhales2015@gmail.com](mailto:susanhales2015@gmail.com)

*Any special or requested food items will be announced the Sunday before the delivery date.*

